



**BACHELOR of SCIENCE in PHYSICAL EDUCATION (#587)**

**MOVEMENT STUDIES**

Kinesiology, Recreation, and Sport  
College of Health and Human Services  
Western Kentucky University

The suggested program of study shown below should be used in consultation with your advisor(s). Every student will finish with a unique plan of his/her own depending on the electives selected.

**Success Markers**

**SAMPLE - 4 year plan**

<b>FIRST YEAR</b>	<b>Fall Semester</b>		<b>Spring Semester</b>	
<i>Visit the Math Lab for free tutoring</i>  <i>Volunteer or Join a Student Organization like Green Toppers</i>	Math 109 General Mathematics or 116 College Algebra (F-QR)	3	ENG 100* Intro to College Writing (F-W1)	3
	COMM 145* Fundamentals of Public Speaking and Communication (F-OC)	3	PSY 100 Intro to Psychology (E-SB)	3
	Colonnade Arts & Humanities (E-AH)	3	GEOG/GEOL 103 Our Dynamic Planet (E-NS)	3
	HIST 101 World History I OR HIST 102 World History II (F-SB)	3	PE 121 Dance & Rhythmical Activities	2
	PE 122 Foundations of Kinesiology	3	Advisor Approved Elective	3
	<b>TOTAL CREDIT HOURS</b>	<b>15</b>	<b>TOTAL CREDIT HOURS</b>	<b>14</b>

<b>SECOND YEAR</b>	<b>Fall Semester</b>		<b>Spring Semester</b>	
<i>Go to a WKU Basketball game!</i>  <i>Discuss approved electives with your advisor</i>	ENG 200 Intro to Literature (F-AH)	3	ENG 300 Writing in Disciplines (F-W2)	3
	BIOL 131 Human Anatomy & Physiology* (E-NS, SL)	4	HMD 211 Human Nutrition (K-SY)	3
	PE 111 Movement Themes & Concepts I 1 <sup>st</sup> Bi-term	2	World Language, if needed, OR General Elective	3
	PE 123 Movement Themes & Concepts II 2 <sup>nd</sup> Bi-term	2	PE 220 Skill Progression & Assessment 1 <sup>st</sup> Bi-term	2
	PE 211 Net/Wall & Target Sports 1 <sup>st</sup> Bi-term	2	PE 222 Fitness/Wellness Applications 2 <sup>nd</sup> Bi-term	2
	PE 212 Striking/Fielding & Invasion Sports 2 <sup>nd</sup> Bi-term	2	PE 223 Intro to Teaching Physical Education	3
	<b>TOTAL CREDIT HOURS</b>	<b>15</b>	<b>TOTAL CREDIT HOURS</b>	<b>16</b>

**World Language Proficiency:** All students entering in fall 2014 or later must demonstrate proficiency in a world language at the Novice High level before completing 60 credit hours. Novice high is the ability to communicate in writing and speaking on familiar topics in simple sentences. To meet this requirement, students may take college language courses or take a proficiency test. For more information go to:

<http://www.wku.edu/modernlanguages/placement/> .

**Colonnade Program:** All students entering in fall 2014 or later must complete 39 hours in 13 specific Colonnade areas. Colonnade areas are listed in parentheses marked in blue after the corresponding classes. Some areas may have specific course requirements while others can be chosen from selected lists of options. For more details and to see lists of options, go to [http://www.wku.edu/colonnade/documents/approved\\_colonnade\\_courses\\_website.pdf](http://www.wku.edu/colonnade/documents/approved_colonnade_courses_website.pdf).

THIRD YEAR	Fall Semester		Spring Semester	
<i>Visit Career Services</i>	Connections -Social & Cultural (K-SC)	3	Connections –Local to Global (K-LG)	3
	PE 310 Kinesiology (BIOL 131 with a grade of C)	3	PE 314 Physical Education Curriculum	3
	PE 311 Exercise Physiology (BIOL 131 with a grade of C)	3	PE 320 Methods in EMC Physical Education	2
	PE 313 Motor Development	3	PE 324 Evaluation in Physical Education	3
	PE 319 Adapted Physical Education	3	PEMS 326 Practicum I	2
			PE 483 Technology Applications in Physical Education	1
			PE Activity Class Elective	1
	<b>TOTAL CREDIT HOURS</b>	<b>15</b>	<b>TOTAL CREDIT HOURS</b>	<b>15</b>

FOURTH YEAR	Fall Semester		Spring Semester	
<i>Apply for Graduation!</i>	PE 300 Outdoor Education Activities	2	PH 467 Drug Abuse Education	3
	PE 416 Special Topics in Physical Education	1	PH Elective	3
	PEMS 426 Field Experience II	2	PH Elective	3
	PH 381 Community Health	3	Advisor Approved Elective	3
	Advisor Approved Elective	3	Elective	3
	Advisor Approved Elective	3		
	SFTY 171 Safety & First Aid	1		
<i>Celebrate</i>	<b>TOTAL CREDIT HOURS</b>	<b>15</b>	<b>TOTAL CREDIT HOURS</b>	<b>15</b>

**Total Credit Hours: 120**

Student must receive a "C" or better in each major course.

Course prerequisites are in parentheses and italics after each course listing.

Prerequisites, Course Numbers, and Course Titles are subject to change. Consult your advisor each semester.

**For more Information:**

**Department:** Kinesiology, Recreation, and Sport

**Website:** [www.wku.edu/pe](http://www.wku.edu/pe)

**Phone:** 270-745-5123

**Email:** Elizabeth.pyle@wku.edu

Course Descriptions: <http://www.wku.edu/undergraduatecatalog/>