



BACHELOR of ARTS in Psychology (Sport Psychology Concentration) (#760)

Department of Psychology
College of Education and Behavioral Sciences

The suggested program of study shown below should be used in consultation with your advisor(s). Every student will finish with a unique plan of his/her own depending on the electives selected.

Success Markers

SAMPLE - 4 Year Plan

FIRST YEAR	Fall Semester		Spring Semester	
	ENG 100 or ACT >29 (Foundations WC)	3	COM 145 (Foundations OC)	3
HIST 101 or 102 (Foundations SB)	3	MATH 183 or PHIL 215 (Foundations QR)	3	
World Language 101 or 102 (unless Language Proficiency already met; for more information see: https://www.wku.edu/colonnade/worldlanguageproficiency.php)	3	World Language 102 or elective	3	
PSY or PSYS 100 (Explorations SB) Need C or better.	3	Explorations AH (Arts & Humanities)	3	
Explorations NS (Natural/Physical Sciences (no lab)	3	BIOL 131 Human Anatomy and Physiology	4	
TOTAL CREDIT HOURS	15	TOTAL CREDIT HOURS	16	

SECOND YEAR	Fall Semester		Spring Semester	
	ENG 200 (Foundations AH)	3	PSY or PSYS 313 Statistics (formerly 301)	3
Connections (Systems)	3	Psy category course	3	
PSY or PSYS 210 Research Methods. Need C or better.	3	PE 122 Foundations of Kinesiology	3	
Psy or Psys 211 Lab. Need C or better.	1	HMD 211 Human Nutrition	3	
PSY 340 Sport Psychology	3	Elective Course (e.g. PSY 290)	3	
TOTAL CREDIT HOURS	13	TOTAL CREDIT HOURS	15	

THIRD YEAR	Fall Semester		Spring Semester	
	ENG 300 or COMM 200 (WC)	3	PSY category course	3
	Connections (Local to Global; choose from a different discipline from your first Connections course).	3	PSY 412 Psychology of Motivation and Emotion	3
	Psy category course	3	HMD 364 Sports Nutrition	3
	PSY 440 Abnormal Psychology	3	PE 313 Motor Development	3
	PE 311 Exercise Physiology	3	Elective Course	3
	TOTAL CREDIT HOURS	15	TOTAL CREDIT HOURS	15

FOURTH YEAR	Fall Semester		Spring Semester	
	PSY 481 History of Psychology	3	2 nd Major, Minor & Elective Courses	15
	Psy category course	3		
	2 nd Major, Minor & Elective Courses	9		
	TOTAL CREDIT HOURS	15	TOTAL CREDIT HOURS	15

Total Credit Hours: 120

* Denotes prerequisite courses before program admission

PLEASE NOTE: Prerequisites, Course Numbers, and Course Titles are subject to change.

Consult your advisor each semester.

For more information:

Department: Psychology

Website: www.wku.edu/psychology/

Phone: 270-745-2695

Email: psychology@wku.edu

Course Descriptions: <http://www.wku.edu/undergraduatecatalog/>