



**BACHELOR of SCIENCE in HOSPITALITY MANAGEMENT AND DIETETICS (#707)**

**FOOD, NUTRITION, AND WELLNESS**

Department of Applied Human Sciences

College of Health and Human Services

Western Kentucky University

The suggested program of study shown below should be used in consultation with your advisor(s). Every student will finish with a unique plan of his/her own depending on the electives selected.

**Success Markers**

**SAMPLE - 4 year plan**

<b>FIRST YEAR</b>	<b>Fall Semester</b>		<b>Spring Semester</b>	
Visit <a href="#">The Learning Center</a> for free tutoring	ENG 100 Intro to College Writing (F-W1)	3	COMM 145– Fundamentals of Public Speaking & Communication (F-OC)	3
	HMD 151 Food Science	3	ENG 200 – Introduction to Literature (F-AH)	3
	MATH 109- General Math* OR MATH 116- College Algebra* (F-QR)	3	CHEM 109 – Chemistry for the Health Sciences* (E-NS)	4
	World Language, if needed OR General Elective	3	Arts & Humanities (E-AH)	3
	HIST 101 – World History I OR HIST 102 – World History II (F-SB)	3		
	<b>TOTAL CREDIT HOURS</b>	<b>15</b>	<b>TOTAL CREDIT HOURS</b>	<b>13</b>

<b>SECOND YEAR</b>	<b>Fall Semester</b>		<b>Spring Semester</b>	
Volunteer or Join a Student Organization like <b>Hospitality and Dietetic Association</b>	HMD 152 – Food Service Sanitation (CoReq: HMD 251)	1	HMD 252 – Hospitality Information Technology (Soph Standing)	3
	HMD 251 – Commercial Food Preparation (HMD 151, CoReq: HMD 152)	3	HMD 360 – Advanced Nutrition (HMD 211, BIOL 131, CHEM 109)	3
	BIOL 131 – Human Anatomy and Physiology (with a Lab)* (E-NS, SL)	4	ACCT 200 – Introductory Accounting	3
	Social & Behavioral Sciences (E-SB)	3	MGT 210 – Organization and Management (Soph Standing)	3
	Required Connections: HMD 211 – Human Nutrition* (K-SY)	3	Connections-Social & Cultural (K-SC)	3
	<b>TOTAL CREDIT HOURS</b>	<b>14</b>	<b>TOTAL CREDIT HOURS</b>	<b>15</b>

**World Language Proficiency:** All students entering in fall 2014 or later must demonstrate proficiency in a world language at the Novice High level before completing 60 credit hours. Novice high is the ability to communicate in writing and speaking on familiar topics in simple sentences. To meet this requirement, students may take college language courses or take a proficiency test. For more information go to: <http://www.wku.edu/modernlanguages/placement/>.

**Colonnade Program:** All students entering in fall 2014 or later must complete 39 hours in 13 specific Colonnade areas. Colonnade areas are listed in parentheses marked in blue after the corresponding classes. Some areas may have specific course requirements while others can be chosen from selected lists of options. For more details and to see lists of options, go to [http://www.wku.edu/colonnade/documents/approved\\_colonnade\\_courses\\_website.pdf](http://www.wku.edu/colonnade/documents/approved_colonnade_courses_website.pdf).

THIRD YEAR	Fall Semester		Spring Semester	
Visit <a href="#">Career Services</a>	HMD 354 – Cost Control & Financial Analysis in the Hospitality Industry (HMD 252, ACCT 200)	3	HMD 362 – Medical Nutrition Therapy I (HMD 361, CHEM 109 or 304)	4
	HMD 361 – Life Stage Nutrition (HMD 211, BIOL 131, CHEM 105 or 109)	3		
	ENG 300 – Writing in the Disciplines (F-W2)	3	HMD 364 – Sports Nutrition <b>OR</b> HMD 368 – Dietary and Herbal Supplements	3
	PE 311- Exercise Physiology <b>OR</b> EXS 325 – Applied Exercise Physiology	3	FACS 311 – Family Relations* (Jr. Standing)	3
	Connections-Local to Global (K-LG)	3	General Elective	6
	<b>TOTAL CREDIT HOURS</b>	<b>15</b>	<b>TOTAL CREDIT HOURS</b>	<b>16</b>
FOURTH YEAR	Fall Semester		Spring Semester	
Apply for Graduation	HMD 353 – Menu Planning and Purchasing (HMD 251)	3	HMD 351 – Human Resource Management in the Hospitality Industry (HMD 251)	3
	HMD 452 – Quality and Service Mgmt (HMD 251)	3	HMD 461 – Application of Nutrition Theory and Research (HMD Major and Senior Standing)	3
	HMD 459 – Senior Seminar in Hospitality Management and Dietetics (HMD major and Senior Standing)	1	MKT 220 – Basic Marketing Concepts (Soph. Standing)	3
	HMD 462 – Medical Nutrition Therapy II (HMD 362)	4	PH 390 – Wellness and Fitness Assessment (BIOL 131, HMD 211, CPR cert, Jr. Standing)	3
	HMD 465 Community Nutrition (HMD 361 and Senior Standing)	3	General Elective	3
	General Elective	3		
<i>Celebrate!</i>	<b>TOTAL CREDIT HOURS</b>	<b>17</b>	<b>TOTAL CREDIT HOURS</b>	<b>15</b>

**Total Credit Hours:120**

-A grade of C or better is required in all courses in the major.

-Courses marked \* satisfy both Colonnade and program requirements.

-This sequencing is a basic guide and may be individualized for you by your academic advisor. This is for informational purposes only; all official requirements are in the undergraduate catalog or listed in your iCAP.

**PLEASE NOTE:** Prerequisites, Course Numbers, and Course Titles are subject to change. Consult your advisor each semester.

**For more Information:**

**Department:** Applied Human Sciences

**Website:** [www.wku.edu/facs](http://www.wku.edu/facs)

**Phone:** 270-745-4352

**Email:** [facs@wku.edu](mailto:facs@wku.edu)

Course Descriptions: <http://www.wku.edu/undergraduatecatalog/>