



**BACHELOR of SCIENCE in PHYSICAL EDUCATION (#587)**

**Movement Studies**

School of Kinesiology, Recreation and Sport

College of Health and Human Services

Western Kentucky University

The suggested program of study shown below should be used in consultation with your advisor(s). Every student will finish with a unique plan of his/her own depending on the electives selected.

**Success Markers**

**SAMPLE 4-year plan**

<b>FIRST YEAR</b>	<b>Fall Semester</b>		<b>Spring Semester</b>	
<i>Visit the Math Lab for free tutoring</i>	MATH 109 General Mathematics or MATH116 College Algebra (F-QR)	3	ENG 100* Intro to College Writing (F-W1)	3
	HIST 101 or HIST 102 World History (F-SB)	3	PSY 100 Intro to Psychology (E-SB)	3
	COMM 145* Fundamentals of Public Speaking and Communication (F-OC)	3	GEOG/GEOL 103 Our Dynamic Planet (E-NS)	3
	Colonnade Arts & Humanities (E-AH)	3	PE 111 Movement Themes & Concepts I (1 <sup>st</sup> Bi-term)	2
	PE 122 Foundations of Kinesiology	3	PE 123 Movement Themes & Concepts II 2nd Bi-term	2
			Advisor Approved Elective	3
	<b>TOTAL CREDIT HOURS</b>	<b>15</b>	<b>TOTAL CREDIT HOURS</b>	<b>16</b>

<b>SECOND YEAR</b>	<b>Fall Semester</b>		<b>Spring Semester</b>	
<i>Volunteer or Join a Student Organization like PE Majors Club Green Toppers</i>	ENG 200 Intro to Literature (F-AH)	3	ENG 300 Writing in Disciplines (F-W2)	3
	BIOL 131 Human Anatomy & Physiology* (E-NS, SL)	4	Required Connections: HMD 211 Human Nutrition (K-SY)	3
	PE 121 Dance & Rhythm Activities	2	World Language, if needed, OR General Elective	3
	PE 211 Net/Wall & Target Sports 1 <sup>st</sup> Bi-term	2	PE 220 Skill Progression & Assessment	2
	PE 212 Striking/Fielding & Invasion Sports 2 <sup>nd</sup> Bi-term	2	PE 222 Fitness/Wellness Applications	2
	SFTY 171 Safety & First Aid PE Activity Elective	1	PE 223 Intro to Teaching Physical Education	3
	<b>TOTAL CREDIT HOURS</b>	<b>14</b>	<b>TOTAL CREDIT HOURS</b>	<b>16</b>

**Remember to make an appointment with your advisor before registration starts**

**World Language Proficiency:** All students entering in fall 2014 or later must demonstrate proficiency in a world language at the Novice High level before completing 60 credit hours. Novice high is the ability to communicate in writing and speaking on familiar topics in simple sentences. To meet this requirement, students may take college language courses or take a proficiency test. For more information go to:

<http://www.wku.edu/modernlanguages/placement/> .

THIRD YEAR	Fall Semester		Spring Semester	
<i>Visit Career Services</i> <div style="border: 1px solid black; padding: 5px; transform: rotate(-15deg); display: inline-block;"> <i>Talk with advisor about possible placements for practicums</i> </div>	Connections -Social & Cultural (K-SC)	3	Connections –Local to Global (K-LG)	3
	PE 310 Kinesiology (BIOL 131)	3	PE 319 Adapted Physical Education	3
	PE 311 Exercise Physiology (BIOL 131)	3	PE 320 Methods in EMC Physical Education	2
	PE 313 Motor Development	3	PEMS 326 Practicum I	2
	PE 314 Physical Education Curriculum	3	PE 324 Evaluations in Physical Education	3
			Elective	3
	<b>TOTAL CREDIT HOURS</b>	<b>15</b>	<b>TOTAL CREDIT HOURS</b>	<b>16</b>
FOURTH YEAR	Fall Semester		Spring Semester	
<i>Celebrate</i>	PE 300 Outdoor Education Activities	2	PH 467 Drug Abuse Education	3
	PE 416 Special Topics in Physical Education	2	PH Elective	3
	PH 381 Community Health	3	PH Elective	3
	PE Activity Elective	1	Advisor Approved Elective	3
	PEMS 426 Practicum II	2	Advisor Approved Elective	3
	Advisor Approved Elective	3		
	<b>TOTAL CREDIT HOURS</b>	<b>13</b>	<b>TOTAL CREDIT HOURS</b>	<b>15</b>

**Total Credit Hours:120**

**Colonnade Program:** All students entering in fall 2014 or later must complete 39 hours in 13 specific Colonnade areas. Colonnade areas are listed in parentheses marked in blue after the corresponding classes. Some areas may have specific course requirements while others can be chosen from selected lists of options. For more details and to see lists of options, go to [http://www.wku.edu/colonnade/documents/approved\\_colonnade\\_courses\\_website.pdf](http://www.wku.edu/colonnade/documents/approved_colonnade_courses_website.pdf).

**For more Information:**

**School:** Kinesiology, Recreation, and Sport

**Website:** [www.wku.edu/pe](http://www.wku.edu/pe)

**Phone:** 270-745-5123