



BACHELOR of SCIENCE; PHYSICAL EDUCATION (#587)
MOVEMENT STUDIES CONCENTRATION
 School of Kinesiology, Recreation and Sport
 College of Health and Human Services
 Western Kentucky University

The suggested program of study shown below should be used in consultation with your advisor(s). Every student will finish with a unique plan of his/her own depending on the electives selected. Prerequisites, Course Numbers, and Course Titles are subject to change.

SAMPLE – Finish in Four Plan

FIRST YEAR			
Fall Semester		Spring Semester	
ENG 100 – Intro College Writing (F-W1)	3	MATH 109 – General Mathematics OR MATH 116 – College Algebra (F-QR)	3
HIST 101 World History I OR HIST 102 World History II (F-SB)	3	COMM 145 Fundamentals of Public Speaking (F-OC)	3
PE 122 – Foundations of Kinesiology	3	Natural & Physical Sciences (E-NS)	3
PE 111 – Movement Themes and Concepts I (first bi-term)	2	PSY/S 100 – Intro to Psychology	3
PE 121 – Dance and Rhythmical Activities	2	Arts & Humanities (E-AH)	3
PE 123 – Movement Themes and Concepts II (second bi-term)	2		
TOTAL CREDIT HOURS	15	TOTAL CREDIT HOURS	15

SECOND YEAR			
Fall Semester		Spring Semester	
ENG 200 – Intro to Literature (F-AH)	3	ENG 300 – Writing in the Disciplines (F-W2)	3
BIOL 131 – Human Anatomy & Physiology (E-NS/SL)	4	*HMD 211 – Human Nutrition (K-SY)	3
PE Advisor Approved Elective	3	General Elective OR *World Language (if needed)	3
PE 211 – Net/Wall and Target Sports (first bi-term)	2	PE 220 – Skill Progression and Assessment (first bi-term)	2
PE 212 – Striking/Fielding and Invasion Sports (second bi-term)	2	PE 222 – Fitness/Wellness Applications (second bi-term)	2
SFTY 171 – Safety and First Aid	1	PE 223 – Intro to Teaching Physical Education	3
TOTAL CREDIT HOURS	15	TOTAL CREDIT HOURS	16

THIRD YEAR			
Fall Semester		Spring Semester	
Connections: Social & Cultural (K-SC)	3	Connections: Local to Global (K-LG)	3
PE 310 – Kinesiology	3	PE 319 – Adapted Physical Education	3
PE 311 – Exercise Physiology	3	PE 320 – Methods in EMC Physical Education	2
PE 313 – Motor Development	3	PEMS 3260- Practicum I	2
PE 314 – Physical Education Curriculum	3	PE 324 – Evaluations in Physical Education	3
		PE Advisor Approved Elective	3
TOTAL CREDIT HOURS	15	TOTAL CREDIT HOURS	16

FOURTH YEAR			
Fall Semester		Spring Semester	
PE 300 – Outdoor Educational Activities	2	PH 467 – Drug Abuse Education	3
PETE 416 – Special Topics in Physical Education	2	PH Elective	3
PH 381 – Community Health	3	PH Elective	3
PE Advisor Approved Elective	1	PE Advisor Approved Elective	3
PEMS 426 – Practicum II	2	PE Advisor Approved Elective	3
PE Advisor Approved Elective	3		
TOTAL CREDIT HOURS	13	TOTAL CREDIT HOURS	15

Total Credit Hours: 120

For more details and courses offered in the Colonnade General Education program visit the [website](#).

World Language Requirement: Language Proficiency of novice-high before completing 60 credit hours is required (or completion of 2nd level of a language). Two credits (or equivalent) of a single world language in High School satisfies this WKU requirement.

For More Information:

School: Kinesiology, Recreation and Sport

Website: <https://www.wku.edu/pe/>

Phone: (270) 745-5123

Email: krs@wku.edu

Course Descriptions: <https://www.wku.edu/undergraduatecatalog/>