



**BACHELOR OF SCIENCE; PHYSICAL EDUCATION (#587)
TEACHER EDUCATION HEALTH EDUCATION CONCENTRATION**

School of Kinesiology, Recreation and Sport
College of Health and Human Services
Western Kentucky University

The suggested program of study shown below should be used in consultation with your advisor(s). Every student will finish with a unique plan of his/her own depending on the electives selected. Prerequisites, Course Numbers, and Course Titles are subject to change.

SAMPLE – Finish in Four Plan

FIRST YEAR			
Fall Semester		Spring Semester	
COMM 145 Fundamentals of Public Speaking (F-OC)	3	MATH 109 – General Mathematics OR MATH 116 – College Algebra (F-QR)	3
HIST 101 World History I OR HIST 102 World History II (F-SB)	3	ENG 100 – Intro College Writing (F-W1)	3
PH 100 – Personal Health (E-SB)	3	EDU 250 – Discover Teaching: Intro to Teacher Education	3
Natural & Physical Science (E-NS) (NOT BIOL)	3	BIOL 131 – Human Anatomy & Physiology (E-NS/SL)	4
Arts & Humanities (E-AH)	3	PE 123 – Movement Themes and Concepts II	3
TOTAL CREDIT HOURS	15	TOTAL CREDIT HOURS	16

SECOND YEAR			
Fall Semester		Spring Semester	
ENG 200 – Intro to Literature (F-AH)	3	ENG 300 – Writing in the Disciplines (F-W2)	3
EDU 260 - Assessment	3	PE 212 – Striking/Fielding and Invasion Sports	3
HMD 211 – Human Nutrition (K-SY)	3	Connections: Local to Global	3
PE 111 –Movement Themes and Concepts I	3	PSY 310 – Educational Psychology	3
PE 211 – Net/Wall and Target Sports	3	EDU 350 – Differentiation and Diversity	3
SFTY 171 – Safety and First Aid	1	PE 313 – Motor Development	3
TOTAL CREDIT HOURS	16	TOTAL CREDIT HOURS	18

THIRD YEAR			
Fall Semester		Spring Semester	
PE 310 – Kinesiology	3	PE 311 – Exercise Physiology	3
PH 261 – Foundations of Health Education	3	PE 319 – Adapted Physical Education	3
PE 390 – Fitness/Wellness Applications	3	PE 320 – Methods in EMC Physical Education	3
PH 365 – Human Sexuality (K-SC)	3	PETE 322 – Field Experience in Physical Education I	2
EDU 360 – Behavior and Classroom Management	3	PE 324 – Evaluations in Physical Education	3
PH 381 – Community Health	3	PH 467 – Drug Abuse Education	3
TOTAL CREDIT HOURS	18	TOTAL CREDIT HOURS	17

FOURTH YEAR			
Fall Semester		Spring Semester	
PE 300 – Lifespan Leisure & Recreation Activities	3	EDU 489 – Student Teaching Seminar	3
PETE 415 – Field Experience in Physical Education II	2	ELED 490 – Student Teaching Elementary	5
LTCY 421- Content Area Reading in the Middle and Secondary Grades	3	SEC 490 – Student Teaching Secondary OR MGE 490 Student Teaching	5
SEC 483 – Teaching Health Education	3		
PH 461 – Comprehensive School Health Program	3		
TOTAL CREDIT HOURS	14	TOTAL CREDIT HOURS	13

Total Credit Hours: 127

For more details and courses offered in the Colonnade General Education program visit the [website](#).

World Language Requirement: Language Proficiency of novice-high before completing 60 credit hours is required (or completion of 2nd level of a language). Two credits (or equivalent) of a single world language in High School satisfies this WKU requirement. If you have not completed two credits in high school, you may be required to add a second-level language to the suggested plan of study above.

For More Information:

School: Kinesiology, Recreation and Sport

Website: <https://www.wku.edu/pe/>

Phone: (270) 745-5123

Email: krs@wku.edu

Course Descriptions: <https://www.wku.edu/undergraduatecatalog/>