



**BACHELOR of SCIENCE in HOSPITALITY MANAGEMENT AND DIETETICS (#707)**  
**FOOD, NUTRITION, AND WELLNESS**  
 Department of Hospitality Management and Dietetics  
 College of Health and Human Services  
 Western Kentucky University

The suggested program of study shown below should be used in consultation with your advisor(s). Every student will finish with a unique plan of his/her own depending on the electives selected.

**Success Markers**

**SAMPLE - 4 year plan**

<b>FIRST YEAR</b>	<b>Fall Semester</b>		<b>Spring Semester</b>	
	Visit <a href="#">The Learning Center</a> for free tutoring	HMD 151 – Food Science	3	HMD 211 – Human Nutrition*
ENG 100 – Intro to College Writing		3	CHEM 109 – Chemistry for the Health Sciences*	4
General Education Course A-III		3	HIST 119 – Western Civ to 1648 <b>OR</b> HIST 120 – Western Civ Since 1648	3
General Education Course		3	MATH 109 – General Math* <b>OR</b> MATH 116 – College Algebra*	3
			General Education Course	3
<b>TOTAL CREDIT HOURS</b>		<b>12</b>	<b>TOTAL CREDIT HOURS</b>	<b>16</b>

<b>SECOND YEAR</b>	<b>Fall Semester</b>		<b>Spring Semester</b>	
	Volunteer or Join a Student Organization like <b>Hospitality and Dietetic Association</b>	HMD 152 – Food Service Sanitation <i>(CoReq: HMD 251)</i>	1	HMD 252 – Hospitality Information Technology <i>(Soph Standing)</i>
HMD 251 – Commercial Food Preparation <i>(HMD 151, CoReq: HMD 152)</i>		3	HMD 360 – Advanced Nutrition <i>(HMD 211, BIOL 131, CHEM 109)</i>	3
BIOL 131 – Human Anatomy and Physiology (with a Lab)		4	ACCT 200 – Introductory Accounting	3
ENG 200 – Introduction to Literature		3	MGT 210 – Organization and Management <i>(Soph Standing)</i>	3
General Education Course		3	General Education Course	3
<b>TOTAL CREDIT HOURS</b>		<b>14</b>	<b>TOTAL CREDIT HOURS</b>	<b>15</b>

<b>SUMMER TERM</b>	<b>Summer Term</b>	
	Why not <a href="#">Study Abroad?</a>	
<b>TOTAL CREDIT HOURS</b>		

<b>THIRD YEAR</b>	<b>Fall Semester</b>	<b>Spring Semester</b>
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<b>Visit <a href="#">Career Services</a></b>	HMD 354 – Cost Control & Financial Analysis in the Hospitality Industry (HMD 252, ACCT 200)	3	HMD 362 – Medical Nutrition Therapy I (HMD 361, CHEM 109)	4
	HMD 361 – Life Stage Nutrition (HMD 261)	3	HMD 365 – Community Nutrition	3
	END 300 – Writing in the Disciplines	3	HMD 364 – Sports Nutrition <b>OR</b> HMD 368 – Dietary and Herbal Supplements	3
	PE 311- Exercise Physiology <b>OR</b> EXS 325 – Applied Exercise Physiology	3	FACS 311 – Family Relations* (Jr. Standing)	3
	General Education Course	3	General Elective	3
	<b>TOTAL CREDIT HOURS</b>	<b>15</b>	<b>TOTAL CREDIT HOURS</b>	<b>16</b>

FOURTH YEAR	Fall Semester		Spring Semester	
<b><a href="#">Apply for Graduation</a></b>	HMD 353 – Menu Planning and Purchasing (HMD 251)	3	HMD 351 – Human Resource Management in the Hospitality Industry (HMD 251)	3
	HMD 452 – Quality and Service Mgmt in Hospitality Management & Dietetics (MGT 210 and Sr. Standing)	3	HMD 461 – Application of Nutrition Theory and Research	3
	HMD 459 – Senior Seminar in Hospitality Management and Dietetics	1	MKT 220 – Basic Marketing Concepts (Soph. Standing)	3
	HMD 462 – Medical Nutrition Therapy II (HMD 362)	4	PH 390 – Wellness and Fitness Assessment (BIOL 131, HMD 211, CPR cert, Jr. Standing)	3
	General Elective	3	General Elective	3
	General Elective	3		
	<b>TOTAL CREDIT HOURS</b>	<b>17</b>	<b>TOTAL CREDIT HOURS</b>	<b>15</b>
<b>Total Credit Hours:120</b>				

-A grade of C or better is required in all courses in the major.

-Courses marked \* satisfy both General Education and program requirements.

-This sequencing is a basic guide and may be individualized for you by your academic advisor. This is for informational purposes only; all official requirements are in the undergraduate catalog or listed in your iCAP.

**PLEASE NOTE:** Prerequisites, Course Numbers, and Course Titles are subject to change.

Consult your advisor each semester.

**For more Information:**

**Department:** Family and Consumer Sciences

**Website:** [www.wku.edu/facs](http://www.wku.edu/facs)

**Phone:** 270-745-4352

**Email:** [facs@wku.edu](mailto:facs@wku.edu)

Course Descriptions: <http://www.wku.edu/undergraduatecatalog/>