

Western Kentucky University

Resources for Education and Treatment

The University encourages faculty, staff and students to seek assistance in dealing with a substance abuse problem, or those problems.

A. Employee Services

1. Consultation for problems related to alcohol and illicit drug use are provided by Graves Gilbert Clinic at WKU Health Services, the University's Employee Assistance Program, and the Counseling & Testing Center. Employees who believe they have a problem or who have a concern about another person are encouraged to seek assistance. Western Kentucky University's Employee Assistance Provider, offers the following drug information, counseling, rehabilitation, and assistance programs.
 - **Information and Referral:** All benefits eligible employees are encouraged to consult with the Employee Assistance Program provider regarding the availability of drug and alcohol abuse assistance programs. Drug counseling and rehabilitation program referrals are made to mutual help organizations, private hospitals, public treatment programs, and private drug treatment practitioners.
 - **Individual and Family Counseling:** Individuals and family members are seen on a short-term basis for assistance with drug-related problems. This service is available benefits eligible employees at no charge.
 - **Educational Programs:** On a periodic basis programs focusing on coping with and managing drug-related problems are offered as well as programs on the dangers of drug abuse.

Further information regarding these programs and services may be obtained from the Department of Human Resources by contacting 270-745-5360.

2. Graves Gilbert Clinic at WKU Health Services staff and Counseling & Testing Center staff are available for consultation and coordination, to identify resources both on and off campus, and to monitor and support progress in addressing concerns. As appropriate and with permission of the person seeking assistance, a plan to address problems may include the involvement of other important support systems.
3. If screening indicates a problem requiring more focused treatment, individuals will be referred to appropriate community health resources. Graves Gilbert Clinic at WKU Health Services, Counseling & Testing Center, and the Employee Assistance Program (EAP) maintain a list of community agencies meeting a range of needs and financial capacities. Individuals are responsible for costs incurred for off-campus services.

For further information, contact:

[Employee Assistance Program \(Anthem\)](#)

1-800-865-1044

[Counseling & Testing Center](#)

Potter Hall, 4th Floor, Room 409

270-745-3159

[Graves Gilbert Clinic at WKU Health Services](#)

Health Services Building

270-745-2273

B. Community Resources

A variety of community organizations in the Bowling Green area can be resources for Western Kentucky University employees including: 24-hour emergency numbers; self-help groups; and alcohol and drug treatment programs. Resources are also listed on the Graves Gilbert Clinic at WKU Health Services web site at <http://gravesgilbert.com/ggewkuhealthservices>.

The below resources have not been screened by Western Kentucky University and as such the University makes no specific endorsement of or recommendations to any one program.

Education

LifeSkills HelpLine, 24 hour crisis/information: 270-843-HELP (4357)

LifeSkills, Inc. Education/Prevention: 270-843-5509

The Wellness Center: 270-842-0610

Counseling & Treatment

LifeSkills, Inc. Counseling Center: 270-843-4382

AA District 3 Intergroup Office: 270-782-5267

Alcohol and Abuse Helpline: 270-783-4910

Detox Abuse Action Addiction Helpline: 270-781-4243

Metaonia, Inc.: 270-843-3566

Alcoholics Anonymous: 270-782-5267

Al-Anon or Acoma Anonymous: 270-842-2546

Koala Outreach Center: 270-842-2546

Narcotics Anonymous: 270-782-4029

Park Place Recovery Center: 270-842-2546

Reservoir Hill Care Center: 270-843-5100

Online Resources

Partnership for a Drug Free America

www.drugfree.org

National Institute of Drug Abuse (NIDA)

www.nida.nih.gov

National Council on Alcoholism and Drug Dependence

www.ncadd.org