

WKU BSN KANS NEWSLETTER

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WELCOME

TO WKU BSN KANS

Welcome back WKU BSN students! KANS hopes that you had a great winter break and are ready to begin the Spring 2022 semester! KANS is gearing up for an exciting semester and will be working to provide engaging and informative programs for each of you to attend. From interacting with peers to learning the ins-and-outs of your future career, there is something for everyone! Whether you are beginning this journey or finishing it, we wish you all the best in your Nursing endeavors this semester.

- WKU KANS Board and Faculty Advisors



What is KANS?

Why Should You Join KANS?

IMPORTANT

- The National Student Nursing Association (NSNA) is your NATIONAL pre-professional nursing organization. - <http://www.nsna.org/>
- The Kentucky Association of Nursing Students (KANS) is the state level organization. - <http://www.ourkans.org/>
- Our local chapter is WKU BSN KANS. We are student led with faculty support.

KANS and NSNA MEMBERSHIP

- NSNA membership is \$35 per year. This includes KANS membership and is encouraged, but not required for all BSN students. However, to run for office or be a class representative, students must be an active member of NSNA. Students are welcome to attend events without being a member.
- In order to list KANS membership on your resume, wear KANS cords at graduation, and receive all membership benefits noted on the NSNA website, you MUST have a paid membership.
- Join at <http://nsnamembership.org/>



National Student Nurses' Association

Insight. Inspiration. Ingenuity.



KANS REQUIREMENTS

- **All BSN STUDENTS** must attend ONE KANS meeting **OR** KANS service event per semester.
 - *This requirement is waived for students who are repeating a class during the current semester.*

KANS MEETINGS

- KANS meetings are fun and informational meetings where students can learn about careers in nursing, tips to succeed in class, and professional issues. This semester our meetings are planned to be face to face, but this may change depending on the ever-changing COVID-19 situation.
 - *These meetings and events look great on a resume!*
- KANS Meetings:
 - Meeting 1 Topic: Peer to Peer Q&A
 - Graduate panel along with a student from each semester
 - Date and Time: Mon. Jan. 31, 2022 3:30pm-4:30pm
 - Room: 1104
 - Meeting 2 Topic: KNA REACH Spring Meeting 1 - Topic: Human Trafficking
 - Speaker: Melissa Gilpin, RN Med Ctr ED Nurse and SANE Nurse
 - This will be a joint meeting between KANS, KNA (Kentucky Nurses Association), and STT (Sigma Theta Tau).
 - Date: Tues. Feb. 15, 2022 5pm
 - Room: 2271 (Fireplace Room)
 - **Online registration will be required. Watch for an email closer to the meeting date with instructions.**
 - Meeting 3 Topic: Violence in Nursing (more details to follow)
 - Dealing with physical violence, conflict de-escalation, etc.
 - Date: Wed. Mar. 9, 2022 3:30pm-4:30pm
 - Room: 1104

KANS SERVICE EVENTS

- KANS service events are a great way to get involved with the community and gain experience. Mrs. Melloan will be posting service opportunities on the "BSN Prelicensure Student" or "BSN Orientation" page on Blackboard. Look under the tab "KANS service events" and be sure to let your cohort representatives or KANS board members know of an event you may be interested in doing. Students can find their own event. See the KANS Service Event Form on the BSN Prelicensure Student or BSN Orientation Blackboard sites for more information
 - *Remember you are required to attend at least one meeting OR one service event, but these look excellent on a resume. Why stop at just one?*

Mentoring Opportunities

- Mentoring is great opportunity for students to get to know each other and make connections within the nursing program at WKU.
- Upperclassmen may choose to be mentors to underclassmen in the program.
- This would include study advice, homework help, or emotional support.
- Sign up link: <https://www.signupgenius.com/go/10c0c48abac2aa2f4cf8-mentor>

Mentoring Meeting Dates and Details

*All meetings will take place in room 2271 (Fireplace Room)

***Sign up required for each meeting**



- Meeting 1: Introducing the Mentoring Program
 - Date and Time: Feb. 9th 3:00-4:00pm
 - **If you are interested in being a part of the mentorship, you MUST attend this meeting for details.**
- Meeting 2
 - Date and Time: Feb. 23rd 3:00-4:00pm
- Meeting 3
 - Date and Time: Mar. 30th 3:00-4:00pm
- Meeting 4
 - Date and Time: Apr. 20th 3:00-4:00pm



WKU KANS

Mentor Meetings

Welcome to the SignUP for Mentor Meetings! These are geared to be self-driven to where we will have people from different semesters available to discuss tips and answer questions throughout the semester with a mentor! This will be an open area to where you can meet one-on-one with a mentor! We will all congregate in the Fireplace room on the second floor of the WKU building! Dr. Shoumake and Mrs. Fox will be there as well! Please Review the Dates and SignUP! You may put in that you would like to be a "Mentor only" or "Mentee only" or "Mentor/Mentee"! Thank you!!!

Created by:  Sarah Saysanavong 

NSNA CONFERENCE

**contact Mikayla Dennis if interested.*



Stay connected on social media!

- Follow us on Instagram @wkukans to stay informed on upcoming meetings and events!
- **WE SELL APPAREL!!**
 - Each semester we have new designs and new items to sell! Check out the link on the WKU KANS Instagram page OR go to <https://thebluecottonboutique.com/collections/wku-nursing>
 - These items make great gifts. Share this site with family or friends who'd like to get you something special!



BLUECOTTON
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KANS Board and Faculty

If you have any questions about KANS, please contact your semester board members or any KANS faculty member.

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President	Mickayla Dennis	4th	mickayla.brown408@topper.wku.edu
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