## **Physical Education—Movement Studies**

Department of Kinesiology, Recreation and Sport College of Health and Human Services 2011-2012

		F	all	First Year			Spring	
PE	111	2	Movement Themes and Concepts I	PE	121	2	Dance & Rhythmical Activities	
PH	100	3	Personal Health	PE	122	3	Foundations of Kinesiology	
ENG	100	3	Intro to College Writing	PE	123	2	Movement Themes and Concepts II	
HIST		3	119 or 120 Western Civilization	MAT	H 109	3	General Mathematics	
		3	General Education Course	PSY	100	3	Intro to Psychology	
						3	General Education Course	
Credit	Hours	14		Cred	lit Hour	s 16		
		Fall			ar		Spring	
PE	211	2	Net/Wall & Target Sports	PE	220	2	Skill Progression and Assessment	
PE	212	2	Striking/Fielding & Invasion Sports	PE	222	2	Fitness/Wellness Applications	
BIOL	131	4	Human Anatomy & Physiology	PE	223	3	Intro to Teaching Phys. Ed.	
ENG	200	3	Intro to Literature	COM	1M 145	3	Fund. Of Public Speaking	
		3	General Education Course			3	General Education Course	
						3	General Education Course	
Credit	Hours	14		Cred	lit Hour	s 16		
Fall				Third Year			Spring	
PE	310	3	Kinesiology	PE	319	3	Adapted Physical Education	
PE	311	3	Exercise Physiology	PE	320	3	Methods in EMC Physical Education	
PE	313	3	Motor Development	PE	322	2	Field Experience in Physical Education I	
PE	314	3	Physical Education Curriculum	PE	324	3	Evaluations in Physical Education	
		3	General Education Course	PE	325	1	Technology Applications in Phys Ed	
				ENG	300	3	Writing for the Disciplines	
Credit	Hours	15						
				Cred	lit Hour	s 15		
							Summer	
				PE	300	2	Outdoor Educational Activities	
		F	all	Fourth Yea	ar		Spring	
PE	415	2	Field Experience in Phys Ed II			12	Advisor Approved Electives	
DE	416	1	Special Topics					
PE								

Credit Hours 16

Credit Hours 12

Total Credit Hours = 120

Student must maintain a "C" or better in each course in the major.

PE 111 highly recommended for first semester.

This is a suggested program of study.