

# Reuse This!

Educational, Interactive

Materials:

- Background Paper
- Printed information
- Tape/glue
- Scissors
- Post-it notes
- Pen container
- Pens

Instructions:

- Cover the board with background paper
- Print sustainability information
- Designate an area for students to contribute reusable tips.
- Attach a post-it pad and pens to the board.
- Paste information on board in an engaging way.
- Allow students time to contribute their reuse tips!



## **Use old peanut butter jars for overnight oats.**

Add oats, milk and sweetener to a jar along with your choice of fruit and nuts. Let rest overnight. Easy, simple breakfast!



**Brandi the Dietitian**

3 minute meals



*Make Your Own Memo Board!*



madigan  
made.com

# Frame Display Boards

Use a Goodwill picture frame to make a memo board! It's a great way to save money and stay organized.



**Housing and Resident Life**

Dorm Sweet Dorm



# DIY Tupperware



Many containers make great DIY tupperware. Try reusing the plastic Shogun or Panda Express containers to portion out the perfect amount of left overs.



**Christian Ryan**

DIY to go



# Snack Containers

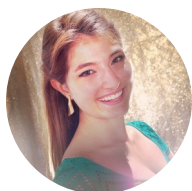
Use empty coffee creamer containers to make the perfect snack and cereal storage.



**WKU Dining Services**  
Snacking made easy



Use tin cans and spray paint to make a trendy desk organizer



**Andi Dahmer**  
SGA all the Way



Use bread clips to label cords! You'll never have to guess what cord goes with what gadget.



**WKU IT Help Desk**  
Cords and cables



*upcycled  
wipes  
container*

*©Love, Magnolia House*

Use old lysol wipe containers to store plastic bags! Keep your cabinets organized and reuse the plastic bags for grocery shopping.



**WKU Resource Conservation**  
Reduce\*Reuse\*Recycle





# Hair

## Organizer

Use tin cans and spray paint to make a hanging hair organizer.



**Big Red**

I wip my hair

FROM  
THIS



TO  
THIS



# Charging Station

Turn a shampoo or soap bottle into a phone charging station. Just clean and carefully cut the empty bottle into a usable shape. Make sure to cut out an outlet spot!



**WKU Office of Sustainability**  
From trash to treasure



# Upcycled Candle

Melt the unused remains to old candles and pour them into a different jar to create a layered candle.



**Kristina Arnold**

Waste Less DIY

# Upcycled Sweater



## Coffee Cozy & Pillow



Transform an old sweater sleeve into a coffee cozy! Consider making throw pillows or refashioning the rest of the sweater to minimize waste



**WKU Fashion Merchandising**  
"Sew" cute



# DIY Flower Frame

Give Goodwill frames new life by pressing dried flowers between 2 pieces of glass in a frame to make beautiful home decor!



**Martin Stone**  
Indoor Garden



# Up-cycled Apron



Turn an old button up into a new apron with just a pair of scissors!



**Carrie Cox**

Second-Hand Fashion



# DIY Gift for Mom



Give an old oven mitt new life with some fabric paint and a sweet message!



**Gloria Carrico**  
Affordable gifts





# DIY Planter



Nothing livens up a space and someones day quite like fresh flowers. Almost any item can be used as an indoor planter, just pick an item that matches your personally and fill with your favorite flower, herb or succulents.



**Project Grow**

Grow anywhere

# How do you REUSE?

## Pin your tips here!

Remember the rules! Don't use spray paint in the building or on the sidewalk. Be careful crafting in the dorms :)



*Reverse this!*







Reducing and Reusing  
items is much more  
environmentally friendly  
than recycling.