

Regional Community Mental Health Centers:

Adama (Lake Cumberland Regional MH/MR): Serves Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor & Wayne counties. Call at (606) 679-4782.

Bluegrass MH/MR: Serves Anderson, Bourbon, Clark, Estill, Fayette, Franklin, Garrard, Harrison, Jessamine, Lincoln, Madison, Mercer, Nicholas, Powell, Scott & Woodford counties. Call at (859) 253-1686.

Communicare: Serves Breckinridge, Grayson, Hardin, Larue, Marion, Meade, Nelson & Washington counties. Call at (270) 737-5676.

Cumberland River MH/MR: Serves Bell, Clay, Harlan, Jackson, Knox, Laurel, Rockcastle & Whitley counties. Call at (606) 528-7010.

Four Rivers Behavioral Health: Serves Ballard, Calloway, Carlisle, Fulton, Graves, Hickman, Livingston, Marshall & McCracken counties. Call at (270) 442-5088.

Kentucky River Community Care: Serves Breathitt, Knott, Lee, Leslie, Letcher, Owsley, Perry & Wolfe counties. Call at (606) 666-9006.

Lifeskills: Serves Allen, Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Monroe, Simpson & Warren counties. Call at (270) 901-5000.

Mountain Comprehensive Care Center: Serves Floyd, Johnson, Magoffin, Martin & Pike counties. Call at (606) 886-8572.

Northkey Community Care: Serves Boone, Campbell, Carroll, Gallatin, Grant, Kenton, Owen & Pendleton counties. Call at (859) 781-5586.

Pathways: Serves Bath, Boyd, Carter, Elliot, Greenup, Lawrence, Menifee, Montgomery, Morgan & Rowan counties. Call at (606) 329-8588.

Pennyroyal Regional Center: Serves Caldwell, Christian, Crittenden, Hopkins, Lyon, Muhlenberg, Todd & Trigg counties. Call at (270) 886-2205.

River Valley Behavioral Health: Serves Daviess, Hancock, Henderson, McLean, Ohio, Union & Webster counties. Call at (270) 689-6500.

Seven Counties Services: Serves Bullitt, Henry, Jefferson, Oldham, Shelby, Spencer & Trimble counties. Call at (502) 589-8600.

Local Area Agencies on Aging and Independent Living:

Barren River: Serves Allen, Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Monroe, Simpson & Warren counties. Call at (800) 598-2381 or (270) 781-2381.

Big Sandy: Serves Floyd, Johnson, Magoffin, Martin & Pike counties. Call at (800) 737-2723 or (606) 886-2374.

Bluegrass: Serves Anderson, Bourbon, Boyle, Clark, Estill, Fayette, Franklin, Garrard, Harrison, Jessamine, Lincoln, Madison, Mercer, Nicholas, Powell, Scott & Woodford counties. Call at (866) 665-7921 or (859) 269-8021.

Buffalo Trace: Serves Bracken, Fleming, Lewis, Mason & Robertson counties. Call at (800) 998-4347 or (606) 564-6894.

Cumberland Valley: Serves Bell, Clay, Harlan, Jackson, Knox, Laurel, Rockcastle & Whitley counties. Call at (800) 795-7654 or (606) 864-7391.

FIVCO: Serves Boyd, Carter, Elliott, Greenup & Lawrence counties. Call at (800) 491-5191 or (606) 929-1366.

Gateway: Serves Bath, Menifee, Montgomery, Morgan & Rowan counties. Call at (800) 862-0526 or (606) 780-0090.

Green River: Serves Daviess, Hancock, Henderson, McLean, Ohio, Union & Webster counties. Call at (800) 928-9094 or (270) 926-4433.

Kentucky River: Serves Breathitt, Knott, Lee, Leslie, Letcher, Perry, Owsley & Wolfe counties. Call at (800) 928-5723 or (606) 436-3158.

KIPDA: Serves Bullitt, Henry, Jefferson, Oldham, Shelby, Spencer & Trimble counties. Call at (888) 737-3363 or (502) 266-6084.

Lake Cumberland: Serves Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor & Wayne counties. Call at (800) 264-7093 or (270) 866-4200.

Lincoln Trail: Serves Breckinridge, Grayson, Hardin, Larue, Marion, Meade, Nelson & Washington counties. Call at (800) 264-0393 or (270) 769-2393.

Northern Kentucky: Serves Boone, Campbell, Carroll, Gallatin, Grant, Kenton, Owen & Pendleton counties. Call at (866) 826-4118 or (859) 283-1885.

Pennyrite: Serves Caldwell, Christian, Crittenden, Hopkins, Livingston, Lyon, Muhlenberg, Todd & Trigg counties. Call at (800) 928-7233 or (270) 886-9484.

Purchase: Serves Ballard, Calloway, Carlisle, Fulton, Graves, Hickman, Marshall & McCracken counties. Call at (800) 866-4213 or (270) 251-6114.

Commonwealth of Kentucky Cabinet for Health and Family Services



Consumer Directed Option (CDO)

Department for Aging and
Independent Living
275 E. Main St., 3E-E
Frankfort, KY 40621
(502) 564-6930
&

Department for Medicaid Services
275 E. Main St., 6W-B
Frankfort, KY 40621
(502) 564-5560

What is

Consumer Directed Option?

Consumer Directed Option (CDO) gives Medicaid waiver members more choices in the way some of their Medicaid services are provided. With CDO, you can choose who will provide the services that you need, as well as how, when and where the services will be provided.

Who is eligible?

If you are Medicaid member and you qualify for the following waivers, you could be eligible for CDO.

Acquired Brain Injury (ABI) Acute waiver provides companion care, personal care and respite for persons with an ABI.

ABI Long-Term Care waiver provides community living supports, respite and supported employment for persons with an ABI.

Home and Community Based (HCB) waiver provides attendant care, homemaking, personal care and respite for older adults and persons with physical disabilities.

Supports for Community Living (SCL) waiver provides adult day training, community living supports, respite and supported employment for persons with intellectual and/or developmental disabilities.

Michelle P. (MP) waiver is a combination of the HCB and SCL waivers. It provides adult day training, attendant care, community living supports, homemaker, personal care, respite and supported employment for persons with intellectual and/or developmental disabilities.

Please note

that residential and/or medical services are not covered under CDO.

What if I need help directing my services?

You can choose a qualified family member or friend to be your representative. Your representative cannot charge for the help that they provide or be a paid employee.

Who can provide CDO services?

You or your representative will recruit, hire, train and supervise staff to provide the Medicaid services approved in your plan of care. You may hire qualified family members, friends, neighbors, agency employees or other persons to provide the services that you may need.

Can I get goods and services added to my budget?

You can use some of your budget to buy

goods and services that may help you increase your independence and/or reduce your need for assistance.

What if I want to direct some services and keep other services with my current agency?

You can blend your Medicaid services by keeping some services with your current provider from a traditional agency and directing other services yourself.

What if I no longer want to direct my services?

You can return to a traditional service delivery or agency at any time without losing your Medicaid services.

Who helps me get services?

Support brokers work for either a local Area Agency on Aging and Independent Living, or a regional Community Mental Health Center. Agency assignments are dependent upon which Medicaid waiver program you've been approved to receive services under.

Your support broker will help you design a plan of care based on your identified needs. They will also help you decide staff responsibilities, work schedules and wages. Your support broker will further work with a financial management agency to prepare your employee payroll.

