



*Society for
Lifelong Learning*

SPRING 2022 NEWSLETTER

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Society for Lifelong Learning at WKU (SLL)

2355 Nashville Road

Bowling Green, KY 42101

Phone: 270-745-1912 | Email: SLL@WKU.EDU

Website: wku.edu/sll

Spring Term Dates: March 14 – May 5

REGISTRATION FOR SPRING TERM BEGINS

FEBRUARY 28TH

(ONLINE, BY PHONE & IN PERSON)

MISSION STATEMENT

The Society for Lifelong Learning at WKU (SLL) is a university-supported membership organization whose mission is to provide opportunities for adults 50 and better to further their knowledge in both academic and recreational pursuits and to share their experiences and interests with other members.

FEES

Annual Membership **\$200 (Spring & Fall 2022 Terms)**

Single Term membership **\$125 (Spring 2022 Term)**

Annual and Single Term members may attend unlimited SLL classes, activities, and events. Additional fees may apply for travel programs and some course materials.

Flex Membership **\$25 (Spring 2022 Term, plus a per-class charge)**

Flex members pay a per-class fee (varies by course). Flex members may also attend SLL activities and events. Additional fees may apply for travel programs and some course materials.

WKU Safety Guidelines

Masks continue to be required at all times while using WKU transportation services and when in public areas or shared spaces within buildings, including hallways, classrooms, laboratories, elevators, etc.

Additional information and updates are at <https://www.wku.edu/healthyonthehill>

Food for Thought

These mid-day gatherings are open to SLL Members and guests and require registration and payment 7 days in advance of each event. Unless otherwise specified, cost is \$12.00 per person, which includes the presentation, a light meal, dessert, and a beverage.

“The Madam of Six-Twenty-Seven Clay Street” presented by Mary Lucas

Pauline was a single mother during the 1930s and became part of the world’s oldest profession to support her family. Mary Lucas has researched and studied the life of “Miss Pauline” and most recently written about her life. Join us for a light lunch then sit back and enjoy Mary’s delightful presentation about her journey with this historical Bowling Green figure. Following her presentation, Mary will sign copies of her book, which will be available for purchase.

- Thursday, 11:30 a.m. – 1:00 p.m.
- April 28
- Knicely Conference Center
- Cost: \$12 per person (reservations required by April 21)

“Murder on Youngers Creek Road” presented by Gary West

Having authored more than 18 books, written a syndicated newspaper column, and continues to be a contributor to *Kentucky Monthly* magazine. He has recently released a book of a different sort, “Murder on Youngers Creek Road.” Join us as we enjoy a lunch together and listen to Gary’s stories that led him to publish this new book. Copies Gary’s new book will be available for purchase after the presentation, and he will be glad to sign them for you.

- Tuesday, 11:30 a.m. – 1:00 p.m.
- April 5
- Knicely Conference Center
- Cost: \$12 per person (reservations required by March 29)

Spring Term Courses & Descriptions

A Studio Experience in Visual Abstraction

Curious how or why artists work in abstract methods? This course is for you! Through hands-on studio experiences in two- and three-dimensional media, you will be introduced to the challenging balance struck between improvisation and formal design principles. Participants will complete one charcoal drawing and two interlocking sculptures over the span of four weeks. Everyone will need to acquire a short list of art materials plus pay a supply fee for additional instructor-provided course materials.

- Brent Oglesbee
- Thursday, 5:30 – 7:00 p.m.
- March 17 – April 7 (4 sessions)
- Knicely Conference Center
- Supplies needed: rubber cement, typing paper, pencil sharpener, hacksaw blade, several grits of sandpaper
- Additional supply Fee: \$5 (to be paid to instructor at first session)

Instructor Bio:

Brent Oglesbee is Professor Emeritus in the Department of Art and Design at WKU. He has 32 years of experience teaching university studio and lecture courses in art. He is an active studio artist in the medium of sculpture. Brent is a two-time Al Smith Grant Awardee, which is Kentucky's only Individual Artist Grant.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 36

American Sign Language (ASL)

This class is an introduction to American Sign Language using a functional-notional approach, meaning a concentrating on using sign language in common everyday life situations. Our goal will be reaching beginning competency using appropriate grammar, syntax, non-manual markers (behaviors) in culturally appropriate ways. The course is taught with a primarily "voice off" approach.

- Rosalind Spillman
- Wednesday, 11:00 a.m. – 12:30 p.m.
- March 16 – May 4 (8 sessions)
- Knicely Conference Center
- Recommended: *ASL Phrase Book* by Lou Fant

Instructor Bio:

Rosalind Spillman is a graduate of WKU, with a Masters' Degree and Rank 1 with certification in Reading and Learning and Behavior Disorders (LBD). She taught Special Education for 30 years in Bowling Green City Schools. After retiring, she taught ASL for 12 years at WKU's Glasgow campus and eight years at SKYCTC. She is currently the Interpreter for the Deaf at First Baptist Church, Bowling Green.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 72

An Afternoon at the Movies: 50 Shades of Laughter - British Comedy at its Best, or Not?

British comedy is known for its colorful and peculiar characters, plots, and settings, and has produced some famous and memorable actors. Through six of Britain's most recognized silver screen gems (or flops?), class participants will discuss, among many highly enticing themes, viewer manipulation in comedy, the "genderizing" of humor, playing with body image for comic effect, the unintended consequences of comedy. So, put on your funny hats and join a group of fun-seeking people. It will be a blast!

- Karin Egloff
- Thursday, 3:00 – 5:30p.m. (**extended time**)
- March 31 – May 5 (6 sessions)
- Knicely Conference Center

Instructor Bio:

Karin Egloff is embarking on her sixth year with SLL and ever so happy to get together with new and seasoned participants for a few afternoons of true delight, belly laughs and chuckles.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

An Astonishing Partnership: The Story Behind *Pluck*, David Schnauffer, and the Mountain Dulcimer

Starting in 1984, David Schnauffer single-handedly made Nashville and the world rethink the potential of the humble mountain dulcimer. Via lectures, video and audio recordings, readings from his new biography and group discussions, students will compare the significance of the dulcimer and its music before and after Schnauffer. We will also learn how his life reveals the age-old story narrative of "The Hero's Journey" and assess the importance of this life story for us today.

- Linda Paulus
- Thursday, 9:00 – 10:30 a.m.
- March 17 – April 7 (4 sessions)
- Knicely Conference Center

Instructor Bio:

Linda Paulus authored "Pluck: The Extraordinary Life and Times of David Schnauffer." She is a professor of teacher education in second language acquisition theory and practice, and co-authored the high school textbook, "Bravo!" *Pluck* is her first biography.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Ballads, Banjos, and Brass: Music of the Civil War

This presentation is an introduction to music popular in the United States at the middle of the 19th century. Considerable attention will be given to music closely associated with the Civil War – tunes popular on both the home front and in the armies. The war took place in the midst of a revolution in band instrument development, and this was reflected in the music of the day. Participants in this class will hear numerous recorded examples of period music performed by talented and experienced musicians, accompanied by period images and explanatory narration.

- Nicky Hughes
- Thursday, 11:00 a.m. – 12:30 p.m.
- April 21 (1 session)
- Knicely Conference Center

Instructor Bio:

Nicky Hughes is a 1972 graduate of WKU who recently moved to Franklin after a 40-year career in Kentucky State and City of Franklin government. He is also drum major and narrator of Saxton's Cornet Band, a recreated Civil War brass band.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Behind the Scenes at the Baker Arboretum

Join Director Martin Stone for four interesting sessions that highlight the ornamental, educational, and scientific functions of the Baker Arboretum. Learn how arborists assess the health of a tree and which trees tend to thrive best in our area. Enjoy touring the formal gardens and experience some of the technical aspects behind managing and maintaining this beautiful 115-acre property.

- Martin Stone
- Friday, 1:30 – 3:00 p.m.
- March 25 – April 15 (4 sessions)
- Baker Arboretum, 4801 Morgantown Road

Instructor Bio:

Martin Stone is the Leichhardt Professor of Horticulture at WKU and the Director of the Baker Arboretum.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bird Identification

Participants will learn how to identify Kentucky birds using distinguishing field marks, behavior, and vocalizations.

- Blaine Ferrell
- Tuesday, 9:00 – 10:30
- March 15 – 29 (3 sessions)
- Knicely Conference Center

Instructor Bio:

Blaine Ferrell is Dean Emeritus of Ogden College of Science and Engineering at WKU and was a Professor of Biology for 39 years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$ 27

Birding in the Field

Participants will take trips to local areas to identify birds.

- Blaine Ferrell
- Tuesday, 8:00 a.m. (session 1), 7:00 a.m. (sessions 2-4)
- April 5 – 26 (4 sessions)
- Knicely Conference Center (session 1), Offsite (sessions 2-4)

Instructor Bio:

Blaine Ferrell is Dean Emeritus of Ogden College of Science and Engineering at WKU and was a Professor of Biology for 39 years.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Bowling Green's Historic Architecture with Kentucky References

Bowling Green features both typical and atypical examples of American architectural styles. We will consider the question: Are standardized American architectural styles worthy of preservation? Residential, ecclesiastical, commercial, and governmental buildings will be discussed with examples from other KY locations. Weather and pollen permitting, there will be an optional walking tour at the end of the course.

- Eileen Starr
- Tuesday, 1:30 – 3:00 p.m.
- March 29 – April 19 (4 sessions)
- Knicely Conference Center

Instructor Bio:

Eileen Starr worked as an architectural historian for both the National Park Service and the Wyoming State Historic Preservation Office. While in Wyoming she authored a book on Architecture in the Cowboy State, funded by the NEA, to increase awareness of the state's historic structures. She served as the Chair of the City of Bowling Green & Warren County Historic Preservation Board and taught American Architectural History at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Brief History of Navigation on the Green and Barren Rivers 1835-1965

The instructor for this class has researched the navigation of the Green and Barren Rivers starting with the construction of the locks and dams in the late 1830's, through the burning of the steamboat packet Evansville at the Bowling Green wharf in 1930 up to the breach of the Woodburn dam in 1965.

- Gary Dillard
- Thursday, 5:30 – 7:00 p.m.
- April 14 (1 session)
- Knicely Conference Center

Instructor Bio:

Gary Dillard holds two degrees from WKU. He is retired as the former President and CEO of Warren RECC. He now enjoys working on historical presentations, with particular emphasis on the regional history around Bowling Green. He previously taught a class in First Aid and CPR for SLL.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Challenges in Auto Safety: Designing for Diversity

In addition to the constant ballet of control and feedback, nearly every component of an automobile's structure and interior are designed with consideration for the potential impact on occupant protection. However, for a variety of practical and historical reasons, the delicate design of these systems tends to be driven by evaluation tools that represent a very narrow segment of the population. Come explore with Dr. Forman some of the contemporary challenges for designing safety systems, including aging, obesity, differences between males and females and an industry-wide push driving towards autonomous vehicles.

- Jason Forman
- Monday, 1:30 – 3:00 p.m.
- March 21 & 28 (2 sessions)
- Via Zoom

Instructor Bio:

Jason Forman is a Principal Scientist in the Mechanical & Aerospace Engineering Department of the University of Virginia. He is a Whitaker International Scholar for Biomedical Engineering Research and has received awards from The International Society for Biomechanics and the Association for the Advancement of Automotive Safety.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Code to Freedom or Con Job: Quilts of the Underground Railroad

A 1998 book, "Hidden in Plain View", claimed that quilts using specific patterns were used as a code to help enslaved people escape to freedom. This presentation will look at current scholarship on the Underground Railroad, as well as quilt history to explore the topic.

- Susan Hughes
- Thursday, 11:00 a.m. – 12:30 p.m.
- April 14 (1 session)
- Knicely Conference Center

Instructor Bio:

Susan Lyons Hughes (WKU '77) had a 40-year career working in public history for the Kentucky Historical Society, Shaker Village at Pleasant Hill, and the Jack Jouett Historic Site. She recently retired to Franklin.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Digital Photo Spring Spruce Up

Do you have a lot of pictures and videos on your phone and/or computer? Are they backed up somewhere secure? Do you have digital photos saved in several places? How do you share those pictures? Let's spend some time spring-cleaning our digital photo life: locating, securing, organizing, and coming up with a plan for displaying and sharing.

- Leah Wendt
- Monday, 3:30 – 5:00 p.m.
- March 14 – April 11 (5 sessions)
- Via Zoom

Instructor Bio:

Leah Wendt earns her keep as an Associate Professor of English at SKYCTC. Besides inspiring college students, one thing that she loves to do is organize: stuff, information, files. She also enjoys painting with milk paint, trying out new recipes with long lists of spices, and spending time with her son in some way that doesn't involve a screen.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$45

Equality is Stamped Upon Them: Shaker Women at South Union

This class focuses on the stories of the women at nearby South Union Shaker Village. The Shakers held progressive beliefs in equality of races and sexes, giving women in the village opportunities that they would not have had living in "the world" during the 19th century. We will explore the different personalities, struggles, and triumphs of the women who helped make South Union a successful Shaker community.

- Sally Rogers
- Thursday, 3:30 – 5:00 p.m.
- April 14 (1 sessions)
- Knicely Conference Center

Instructor Bio:

Sally Rogers has been the Curator of Collections and Development at South Union Shaker Village since 2018. She holds a BA in History from TN Tech and an MA in Public History from Central Connecticut State University.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Global Politics: World in Crisis?

This class will explore pressing issues in global politics including Russia, China, economics, and how Washington sees them. We will consider global politics from multiple perspectives while emphasizing the ways countries interact and influence each other. In this seminar format, discussion and questions are encouraged.

- Kevin Modlin
- Tuesday, 3:30 – 5:00 p.m.
- March 29 – April 19 (4 sessions)
- Knicely Conference Center

Instructor Bio:

Kevin Modlin is a WKU alum who focused on Economics and History before earning a Ph. D. in International Relations from Florida International University. He enjoys reading, chess, music, time with loved ones, teaching, and is learning to cook.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Great Decisions 2022

This course addresses current events and global challenges selected by the Foreign Policy Association (FPA) for the yearly Great Decisions series. Topics will be presented and discussed in four sessions versus eight as in past terms. Topics range from Russia and the U.S. to Quad Alliance to Industrial Policy and much more.

- David Keeling
- Tuesday and Thursday, 3:30 – 5:00 p.m.
- March 15, 17, 22, & 24 (4 sessions)
- Knicely Conference Center
- Recommended: Great Decisions Briefing Book, \$30, available for purchase through the SLL office. Limited quantities available.

Instructor Bio:

David Keeling is the Emeritus Distinguished University Professor of Cultural Geography at WKU. He travels the world in search of knowledge and adventure, and some excellent wines.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Hilltopper Haunts

Come join in and learn a unique side of WKU's history – its hauntings! From lights flashing, doors moving, footsteps in empty halls, and even disembodied voices - WKU has it all. Learn about the history of the "Hill" itself and explore the events and lives of those who may, or may not, still wander there.

- Tamela Smith
- Wednesday, 5:30 – 7:00 p.m.
- March 23 (1 session)
- Knicely Conference Center

Instructor Bio:

Tamela Smith has conducted extensive research on the haunted history of WKU, including interviews with those experiencing paranormal events on the hill. She was the liaison for the filming of The Ghost Hunters episode filmed at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

History on the Hill: WKU and Its Heritage

History on the Hill traces the story of WKU from its late-19th century beginnings to the present day. We'll look at how the legacy of the Civil War era shaped the roots of WKU and how the remarkable promoter/educator Henry Hardin Cherry molded the values of the institution he ultimately planted on Vinegar Hill. We'll meet the people--some prominent, some not--who built WKU over the years and share our own experiences that are also part of the WKU story.

- David Lee
- Wednesday, 3:30 – 5:00 p.m.
- April 6 – 27 (4 sessions)
- Knicely Conference Center

Instructor Bio:

David Lee has been a member of the WKU History Department since 1975. A former dean and provost, he is currently serving as the University Historian at WKU.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Introduction to Coffee Roasting

This class will explore the stages of the coffee roasting process. We will look at coffee beans from around the world, talk about the various types of processing methods, and conduct a live coffee roasting session. Coffee beans will be examined before and after they have been roasted. The class will include a discussion about our current coffee culture as well as the different types of brewing methods.

- Ben Ridley
- Friday, 9:00 – 10:30 a.m.
- March 25 (1 session)
- Ridley Roasthouse, 400 E. Main Avenue, Suite 110

Instructor Bio:

Ben Ridley started Ridley Roasthouse Coffee Company with his wife, Chrissi, after they went to roasting school in Minneapolis in 2017. Their specialty coffee roasting company supplies fresh roasted coffee to retail establishments and families throughout Kentucky and beyond.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Investing Movies: Who, What, Where, When, Why, and How?

WHO is mostly responsible for the artistry of a film? WHAT makes a film distinct from other works of art? Does it matter WHERE one experiences a movie? To enjoy a film, how much history should we know about WHEN it was made? WHY and HOW shall we continue to enjoy movies in 2022?

- Ted Hovet
- Tuesday, 5:30 – 7:00 p.m.
- March 22 – May 3 (7 sessions)
- Knicely Conference Center

Instructor Bio:

Ted Hovet has taught film and English at WKU since 1995.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$63

Landscape Re-Leaf

This class focuses on using Kentucky plants to create landscapes that provide food and habitat for Kentucky butterflies, birds, and bees.

- Janeen Grohsmeyer
- Tuesday, 1:30 – 3:00 p.m.
- May 3 (1 session)
- Knicely Conference Center

Instructor Bio:

Janeen Grohsmeyer is president of the Franklin-Simpson Garden Club and the vice president of the Wild Ones (native plants, natural landscapes) SOKY Chapter. She has completed the Kentucky Master Gardener Class and is taking the Landscape Design courses offered by National Garden Clubs. She has taught several courses on native plants for SLL. *Annual/Single Term Member: \$0 Flex Member Course Fee: \$9*

Life at Riverview and the Hobsons of Bowling Green

Step back in time for a "visit" to Riverview, Bowling Green's only house museum. The class will be a visual presentation of the house itself, the early history of the Hobson family, concentrating on the Civil War and the commerce activity of the family. Jane Barthelme will discuss the architecture and features of the house, and George Anna McKenzie, great-granddaughter of the builder, Atwood Hobson, will discuss what life at Riverview was like while her grandfather, George Hobson, was its last resident. Mixing history and memories, this class will be an opportunity to learn more about the impact of the Hobson family on Bowling Green from Victorian times to the 1950s.

- Jane Barthelme and George Anna McKenzie
- Wednesday, 1:30 – 3:00 p.m.
- April 20 (1 session)
- Knicely Conference Center

Instructor Bio:

Jane Barthelme was a docent for ten years at Riverview and continues to be involved with the house by serving on the Hobson House Commission. George Anna McKenzie is the great-granddaughter of the builder of Riverview and remains very active in the many activities concerning Riverview.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

Lives of the Twelve Caesars

Suetonius' biographies of Julius Caesar and the eleven emperors who followed him have provided insights into life in ancient Rome and the scandalous activities of some of its leaders. The book and TV series *I, Claudius* is largely based on this work. It is suggested that class members acquire a copy of the Penguin edition of Suetonius so they can read ahead and follow discussion in class.

- Richard Weigel
- Wednesday, 1:30 – 3:00 p.m.
- March 16 – April 6 (4 sessions)
- Knicely Conference Center
- Recommended: *Twelve Caesars* by Suetonius (available online and in bookstores)

Instructor Bio:

Richard Weigel is a University Distinguished Professor in the WKU Department of History and a former Department Head. His special areas of interest are ancient and medieval history. Most of his publications have focused on Roman political and religious history and interpreting Roman coins.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Pathophysiology: Disease Development

This course will present the basic anatomy and physiology of body systems to provide an understanding of disorders and disease development. Non-specific treatment options will be discussed.

- Carrie Morgan
- Wednesday, 9:00 – 10:30 a.m.
- March 16 – May 4 (8 sessions)
- Knicely Conference Center

Instructor Bio:

Carrie Morgan has a Doctorate in Nursing. She is a Nurse Practitioner with over 30 years of experience in practice. She taught Nursing at WKU and U of L. She currently works with Standardized Patient Care for UK Medical School Bowling Green Campus.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

Stories of Medical Training

Movies, TV shows, and books about medical subjects are always popular. But how realistic are they? This course will be story-telling sessions of interesting things Dr. Wilson experienced during his training and practice in the medical field. Some are funny, while others are sad or poignant. The purpose of this course is to give participants a glimpse of events the instructor witnessed as a window into real-life medical practice.

- Gene Wilson
- Tuesday, 11:00 a.m. – 12:30 p.m.
- April 12 – May 3
- Knicely Conference Center

Instructor Bio:

Gene is a retired physician with 39 years of practice in General Surgery, Occupational Medicine, and Emergency Medicine.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

Story Writing: The Basics

In this class, participants will learn the elements of writing a story - plot, character, and place. You will also learn fiction writing basics including punctuation, sentences, and paragraphs. Advanced techniques such as the use of foreshadowing and cliffhangers plus how dialog techniques are designed to draw the reader into your story will be discussed. By the end of the course, you will be able to discover your personal writing style.

- Krystol Stinson
- Thursday, 1:30 – 3:00 p.m.
- March 17 – May 5 (8 sessions)
- Knicely Conference Center

Instructor Bio:

Krystol Stinson retired from the United States Navy in 2005. She enrolled in WKU using her Post-911 GI Bill and graduated in 2013 with a double major in Creative Writing and History. She enjoys most creative endeavors including writing, painting, and drawing.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$72

The Accidental Universe

The Accidental Universe: The World You Thought You Knew is a collection of essays by Alan Lightman, who is Professor of the Practice of the Humanities at MIT, and a theoretical physicist. These essays explore the philosophical questions raised by recent discoveries in science. As a class, we will review and discuss four essays to gain an understanding and appreciation for these questions with a goal of awakening our own sense of wonder about the universe.

- Tom Paulus
- Thursday, 11:00 a.m. – 12:30 p.m.
- March 17 – April 7 (4 sessions)
- Recommended: *The Accidental Universe: The World You Thought You Knew* by Alan Lightman

Instructor Bio:

Tom Paulus retired from Abbott Laboratories after 28 years supporting the development and manufacture of pharmaceutical and agricultural products. He continues to consult in these areas. Tom has a PhD in Biochemistry and is an author on 18 scientific publications.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$36

The Hitchhiker's Guide to Natural Living©: Hacking Healthier Lifestyle©

What to do with so many choices and so much information about healthier living? In this course, you will learn about the pros and cons of specialty diets, how to choose your battles when shopping for the highest quality foods, what super foods are all about and how to use them. You will also understand when and how to use supplements, become an expert at reading labels on food and supplements, improve your approach to stress and sleep, and take all your new knowledge to the next level to create your personal plan for vibrant health, naturally.

- Jerilyn Bristow
- Tuesday, 9:00 – 10:30 a.m.
- March 29 – May 3 (6 sessions)
- Knically Conference Center

Instructor Bio:

Jerilyn Bristow has lived, worked, and studied the natural health industry for over 25 years. Her formal training in herbal studies, body work, and energy work sparked further study of specialty diets, super foods, and supplements. Jerilyn's passions landed squarely on whole-clean-local food, fermented food, deeply healing foods, and a balanced use of supplements. She brings a unique and inclusive approach to getting and staying healthy and enjoys helping others to navigate the overwhelming number of choices now available to the natural health consumer.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$54

The Lost River of Bowling Green

This course will introduce students to the world beneath Bowling Green. We will focus on the geography, geology, history, and human interactions with the Lost River Cave system. This class will include a field trip to the cave.

- Pat Kambesis and Chris Groves
- Wednesday, 3:30 – 5:00 p.m.
- April 13 – 20 (2 sessions)
- Friday, April 22, 1:30 p.m. (Field Trip to Lost River Cave)
- Knically Conference Center

Instructor Bio:

Pat Kambesis is experienced in documenting cave and karst terrain and producing maps and other visualizations. She has worked in the cave systems beneath Bowling Green. She currently teaches at WKU in the Department of Earth, Environmental and Atmospheric Sciences. Chris Groves helped explore and map the caves beneath Bowling Green, including Lost River Cave. He helped to establish the group Friends of Lost River and has published articles about the exploration and geology of the cave.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$18

Travel Journal: Cruising the Mediterranean

Come join us as we take a visual tour of multiple destinations along the northern Mediterranean coast.

- David Keeling
- Wednesday, 3:30 – 5:00 p.m.
- March 23 (1 session)
- Knicely Conference Center

Instructor Bio:

David Keeling is the Emeritus Distinguished University Professor of Cultural Geography at WKU. He travels the world in search of knowledge and adventure, and some excellent wines.

There is no course fee for this presentation

Travel Journal: Alaska in January? Are You Crazy?

This travelogue will discuss going to Alaska to see the Northern Lights. Both the journey and the viewing will be outlined. Some insights into the culture and habits of people who live above the Arctic Circle will be explained, too.

- Molly Wilson
- Tuesday, 3:30 – 5:00 p.m.
- May 3 (1 session)
- Knicely Conference Center

Instructor Bio:

Molly Wilson worked in various capacities in public education for 42 years. She ended her career working in Warren County Schools as Director of Federal Programs and teaching as an adjunct for Campbellsville University in the Special Education program. She retired to have more time to travel.

There is no course fee for this presentation

Understanding Basic Weather Systems: The Good, the Bad, and the Ugly

We will learn some basic weather concepts and build them into recognizable weather systems. Among other topics we will discuss are cloud classification, pressure and winds, the formation of precipitation, middle latitude systems, reading weather maps, a bit of forecasting, and, of course, severe weather. We will cover weather hazards from hurricanes, which plague the Gulf of Mexico, to tornadoes, which can "drive down" the Russellville Road in Bowling Green.

- Michael Trapasso
- Tuesday, 11:00 a.m. – 12:30 p.m.
- March 15 – 29 (3 sessions)
- Knicely Conference Center

Instructor Bio:

Michael Trapasso has taught meteorology at WKU for 35 years. Now Professor Emeritus, he is presently the Curator of the College Heights Weather Instrument Museum on the WKU campus. He is a world traveler, having walked all seven continents, and is an award-winning photographer. As a scientist, he co-authored a textbook and has published numerous research articles and book chapters.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$27

“Yours for the Oppressed” – A Family of Preachers, Teachers, and Abolitionists

A letter to Frederick Douglass about the Underground Railroad concludes with “Yours for the oppressed, JCB, Agent, Middletown Conn., Sep 7th, 1854.” The Rev. Jehiel Chapell Beman (1791-1858) was a member of an extended family of free Blacks and Native Americans that has been fighting for the civil rights of people of color since the 1600s. This class looks at how US history affected this family, even as they worked and fought to change it.

- Janeen Grohsmeyer
- Tuesday, 1:30 – 3:00 p.m.
- April 26 (1 session)
- Knicely Conference Center

Instructor Bio:

Janeen Grohsmeyer enjoys history and puzzles, and researching genealogy provides both at the same time. She is the author of “A Lamp in Every Corner: Our Unitarian Universalist Storybook”, a collection of short stories with a focus on history. During the past several years, she has presented classes about native plants for SLL. Her hobbies include gardening, genealogy, and science fiction.

Annual/Single Term Member: \$0 Flex Member Course Fee: \$9

SLL INTERESTS GROUPS

Interest Groups provide SLL members with an opportunity to join with other members who share a focus on a certain area of interest (i.e., Bridge, Meditation, Opera, French, Photography, etc.). New Interest Groups may form at any time. Please indicate your interest by registering (no fee) for upcoming meetings and events. Interest groups will identify one member to serve as the leader and as the point of contact for others interested in joining.

WKU Cultural Enhancement Series (CES)

The WKU Cultural Enhancement Series (CES) provides the campus and community the opportunity to meet some of the nation’s most influential artists and intellectuals. The goal of the series is to challenge our audiences, to expose them to new ideas, and give them new perspectives on our world.

Currently there are no events on the CES calendar.

Metropolitan Opera in Cinemas

The Metropolitan Opera is a vibrant home for the most creative and talented singers, conductors, composers, musicians, stage directors, designers, visual artists, choreographers, and dancers from around the world.

In December 2006, the company launched The Met: Live in HD, a series of performance transmissions shown live in high definition in movie theaters around the world. The series expanded from an initial six transmissions to 10 in the 2014-15 season and today reaches more than 2,000 venues in 70 countries across six continents.

Live performances of the Metropolitan Opera are available in our area. Many of you already know and participate in this exciting opportunity. Showings of the live performances are at **Bowling Green Stadium 12, 323 Great Escape Court**. These are Saturday performances and begin at 11:55 a.m. CST unless otherwise noted below. Tickets may be purchased in advanced from the theater and senior discounts are available.

Here are the remaining performances of the 2021-22 season:

- Richard Strauss' *Ariadne auf Naxos*, March 12th
- Giuseppe Verdi's *Don Carlos*, March 26th (11:00 a.m.)
- Giacomo Puccini's *Turandot*, May 7th
- Gaetano Donizetti's *Lucia di Lammermoor*, May 21st
- *Hamlet* (Brett Dean/Libretto by Matthew Jocelyn), June 4th

Southern Circuit Tour of Independent Filmmakers

Southern Circuit brings the best of new independent film to communities across the South. Audiences have seen over 300 films in more than 100 Southern communities. The Circuit takes the audience away from their televisions, computers, tablets, and phones to connect them with independent filmmakers - live!

Yarning with Friends

If you knit or crochet and would like to join others on a regular basis to work on projects, show your finished projects, lend a helping hand, and encourage each other, this interest group is for you! We will begin meeting soon so let the SLL office know if you want to be part of this group.

SLL ADVISORY BOARD & COMMITTEES

Advisory Board

David Lee, Chair

Valerie Brown	Susan Cook	Libby Davies
John Fitts	Vicki Gregory	Miliska Knauft
Ken Kuehn	Sharon Spall	Leslie Weigel
Chrys Wilson	Gene Wilson	

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Gene Wilson, Co-Chair

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Howard Bailey	Debbie Breen	Larry Gildersleeve
Bob Harder	Barbara Johnston	Richard Weigel
Ed Wolfe		

Finance Committee

Leslie Weigel, Chair	Rick DuBose	Don Vitale
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SPRING 2022 TERM COURSE CALENDAR

	9:00 – 10:30	11:00 – 12:30	1:30 – 3:00	3:30 – 5:00	5:30 – 7:00
MONDAY (OFFSITE OR ZOOM)			Challenges in Auto Safety: Designing for Diversity (2 sessions) March 21 & 28	Digital Photo Spring Spruce Up (5 sessions) March 14 – April 11	
TUESDAY	Bird Identification (3 sessions) March 15 – 29 Birding in the Field (4 sessions) April 5 – 26 The Hitchhiker’s Guide to Natural Living: Hacking a Healthier Lifestyle (6 sessions) March 29 – May 3	Understanding Basic Weather Systems: The Good, the Bad, and the Ugly (3 sessions) March 15 – 29 FOOD FOR THOUGHT with Gary West 11:30 a.m. – 1:00 p.m. April 5 Stories of Medical Training (4 sessions) April 12 – May 3	Bowling Green’s Historical Architecture with Kentucky References (4 sessions) March 29 – April 19 ”Yours for the Oppressed” – A Family of Preachers, Teachers, and Abolitionists (1 session) April 26 Landscape Re-Leaf (1 session) May 3	Great Decisions 2022 (2 Tues & 2 Thu sessions) March 15 & 22 Global Politics: World or Crisis? (4 sessions) March 29 - April 19 Travel Journal - Alaska in January? Are You Crazy? (Wilson) (1 session) May 3	Investigating Movies: Who, What, Where, When, Why and How? (7 sessions) March 22 – May 3
WEDNESDAY	Pathophysiology: Disease Development (8 sessions) March 16 – May 4	American Sign Language (8 sessions) March 16 – May 4	Lives of the Twelve Caesars (4 sessions) March 16 – April 6 Life at Riverview and the Hobsons of Bowling Green (1 session) April 20	Travel Journal – Cruising the Mediterranean (Keeling) (1 session) March 23 History on the Hill – WKU and Its Heritage (4 sessions) April 6 – 27 The Lost River of Bowling Green (2 sessions + field trip) April 13 & 20	Hilltopper Haunts (1 session) March 23
THURSDAY	An Astonishing Partnership: The Story Behind Pluck, David Schnauffer, and the Mountain Dulcimer (4 sessions) March 17 – April 7	The Accidental Universe (4 sessions) March 17 – April 7 Code to Freedom or Con Job: Quilts of the Underground Railroad (1 session) April 14 Ballads, Banjos, and Brass: The Music of the Civil War (1 session) April 21 FOOD for THOUGHT with Mary Lucas 11:30 – 1:00 April 28	Story Writing: The Basics (8 sessions) March 17 – May 5	Great Decisions 2022 (2 Tues & 2 Thu sessions) March 17 & 24 Afternoon at the Movies: 50 Shades of Laughter – British Comedy at its Best or Not? (6 sessions) NOTE: 3:00 – 5:30 March 31 – May 5 Equality is Stamped Upon Them: Shaker Women at South Union (1 session) April 14	A Studio Experience in Visual Abstraction (4 sessions) March 17 – April 7 Brief History of Navigation on the Green and Barren Rivers 1835 - 1965 (1 session) April 14
FRIDAY (OFFSITE OR ZOOM)	Introduction to Coffee Roasting (1 session) March 25		The Lost River of Bowling Green Field Trip to LRC April 22 Behind the Scenes at the Baker Arboretum (4 sessions) March 25 – April 15		